

[Advice On Winning Back Your Lover](#)

At some time in your life you are going to find yourself in a situation where a relationship with a lover comes to an end. Yes it is going to be a difficult time for you and also for them, but this will really depend on what caused the relationship to break down in the first place. It is important to remember that just as with children if you want to see your relationship flourish then it needs to be nurtured in the right way. One way of doing this to make sure that your partner wants to stay is through giving your loved one plenty of love and attention.

When it comes to getting back together sometimes it may be just one of you wanting the other back, but other times it could be because you both want each other back. What is best though is that you both take a step back from this relationship and just let things be just for now. In fact agreeing to break up with your lover can sometimes be the best thing that you do and is a great way of using reverse psychology on them to help you try and win your lover back. So immediately after you have separated start to show them that you feel this is a positive step in the right direction and how much better your life will be in the future without them.

One of the worse things that any man can do after a relationship has broken up is to act as you can't live without that person. Certainly the quickest way of turning your lover off of you forever is to act all needy and keep contacting them telling them how much you need them. Yes you are going to find it difficult to cope after the breakup of relationship with your lover, but it is important that they don't see this and although you may feel like screaming and crying at them don't.

When it comes to you trying to rebuild that relationship with the person you love then you should close doors on communicating with them. This may seem like a bad idea as many people will say that the key to a successful relationship is that the couple are able to communicate. However, by having little or no contact with your lover is often the best thing one can do, and a break is just what either of you may need. Once the break has happened then there may be occasions when your lover will see just how much they miss and will want you back, but this isn't always going to be the case.

Also after the break up has occurred don't spend time sulking at home on your own, instead what you should be doing is getting out with your friends and having some fun. As they say laughter is often the best cure for whatever ails you, and this includes someone who has a broken heart. Also you don't even need to start dating or going out with someone who could be a possible new love interest for you. As mentioned you just need to go out with your friends and have some fun and be happy.

Another thing that no person should be doing when they have just broken up with their lover is try to be someone that they aren't. Even if you think that this new image will appeal to your lover. Often a relationship breaks up because one or both people have become bored with it and decided it was time for a change and they will have forgotten what it was that made them fall in love with you. So be yourself at all time even though it may be difficult and look for ways to accent those unique qualities of yours that made them fall in love with you in the first place.

We have offered some tips which may help you when it comes to trying to win back your lover, but at the end of the day it is their decision whether they do or not. You can't force that person in to loving you or to keep on loving you. Remember that love is a very powerful emotion and is not something that should be played with, no matter what you feel for another.

About the Author

Are you a man who is looking for other ways to help you win back your lover then please go to [The Magic Of Making Up](#). Plus why not go to [How To Win Back Your Lover](#) for the latest advice on rebuilding a relationship with a lover.

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