

## [How To Go About Wining Back Your Lover](#)

There are times in a person's life where they will lose someone who they love. Most breakups when they occur are very hard for both people concerned, but not always it will actually depend on what has caused the breakup in the first place. What one needs to remember however is that relationships in order for them to flourish need to be nurtured and if you want your partner to stay around then you need to pay ample love and attention to them.

Sometimes when a relationship comes to an end then one or both people involved in it may find themselves wanting the other person back. Yet is best in most cases if you take a step back from the situation in which you find yourself and just let things be for the moment. In fact you may find that agreeing to this break up is often the best thing and it provides you with the chance to use a little reverse psychology to help you with getting your lover back into your life. So what you basically need to do is pretend you see the breakup as something positive which offers you the chance to move on with your life.

The worse thing that any woman can do when they are trying to win back a lover is to act needy. Remember "no one needs the needy" and by being clingy and showing you can't let your lover go is sure to turn them off and make them even more remote to you than they already are. Dealing with any kind of break up is very difficult and especially so when they mean the world to you. If you have to scream and cry about losing them then do it where they won't see.

When trying to rebuild a broken relationship you should close the doors on communication. This may seem like a bad thing to do considering communication is the key to having a successful relationship but when trying to mend a broken romance this is for the best. Having little to no contact with your love is for the best; the other person may just need a break. Once the break is over with and they see how much they miss you they will come back, if that is what is meant to be.

Do not, for any reason, sulk around the house and be lonely. You need to get out and have some fun with your friends. They always say laughter is the best cure for anything that ails you, including a broken heart. You do not have to date, you do not even have to have anything to do with someone, who could possibly be a love interest, just go out with your friends and be happy.

When trying to win back your lover it is important that you don't try to be someone who you aren't, even if it may appeal to your ex-lover. Remember it was who you were that attracted your lover to you in the first place. There will be times in a person's relationship with another when they may become bored with each other and so decide a change is best as they have forgotten what it was made them fall in love with each initially. So at all times be yourself when trying to win back your love and accent those features of you with they found so appealing in the beginning.

However, in the end it is really up to your love whether he or she will get back with you or not. You cannot force a person to love you and you cannot force them to keep loving you. Love is a very powerful emotion and it must not be toyed with no matter what.

### About the Author

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