

[Housewives Can Juggle Home Responsibilities](#)

All of us have responsibilities that we need to take care of at various points of time. We have to get our work done by the end of the day. Of course, office deadlines can always be postponed. We can come home and relax. However, if one is a housewife (or a househusband for that matter) packing up for the day is a different ball game. There is always something more to be done. The dinner has to be cooked. Rooms have to be swept. Children have to be helped with their homework. There is so much to do.

We cannot neglect a housewife's labor of love. Her day starts in the morning and ends only with bed-time. Naturally, the housewives of the world become irritable and tired by the time the day ends.

However, housework need not take up all of one's day. Some short-cuts here, a few quick tricks there, and the housewife can end up with a lot of free time on her hands. Here are some tips that the harried housewife could use.

1. Club jobs together

A lot of time gets wasted in doing just one chore at a time. Do some multi-tasking. I don't mean that one should vacuum with one hand, iron with the other, and take calls at the same time. However, one can save time by doing the day's cooking at one go, or by vacuuming while the potatoes are on the boil.

2. Ask your kids to help

Sharing the workload is a good idea. One may be slaving away trying to turn a house into a home. However, messy children or an untidy spouse can add to one's troubles. One should not have to pick up after the rest of the family. In fact, they should be made to help out in the house.

3. Remember that you are not Superwoman

A lot of housewives make the mistake of imagining themselves as superwomen. Homemakers must not trick themselves into believing that they are blessed with super powers. The idea is to take on only as much as you can handle. One should space out the work, take breaks, and not try to do too much at a time.

4. Make a new routine

Time management is very important when it comes to housework. A routine is certainly a good idea. Working some breaks into the schedule is recommended. Dividing the day's work into bite-sized chores also makes a lot of sense.

5. Reduce your errands

These days, one does not need to make frequent trips to the store. Most of the major retailers allow us to shop online for our daily necessities. Phoning for home delivery would be a good idea. Nowadays, even the running around and long lines that are associated with paying bills can be done away with. One can arrange for the bills to be paid directly through the bank.

6. Don't leave chores pending

Sometimes, there is the temptation to leave a chore pending. However, this may end up eating into our free time. For example, it is always easy to clean the table just after a meal. But when we come back to it even an hour later, wiping off the hardened remnants of the last meal may be a little more time-consuming.

7. Avoid unnecessary chores

We all have our share of wasteful tendencies. But one must identify the tendencies that take away from our day. Much of the day can be spent ironing out creases on clothes that will rot in the cupboard for months. It makes much more sense to iron only the clothes that we will be wearing the next day.

8. Use technology

Technology is supposed to add comfort to our lives. Thus, a vacuum cleaner may be a great blessing, and a dishwasher does cut down on the time spent in washing dishes. We must look out for technology that adds comfort to our lives.

9. Hire a housekeeper when there is too much work.

When one gets sick, the chores tend to accumulate. Rather than keeping the work pending for oneself, it may be prudent to get some help. This way, one does not get too stressed while recovering, and the house also remains spic and span.

10. Keep some me-time

A housewife may be at home for much of the day. However, this does not mean that she gets time to herself. Just as the office-goer needs the

occasional break from office work, housewives need to factor in some breaks. Setting aside some leisure time is a must. This would give one the chance to pursue one's hobbies or spend quality time with the family.

These are some tips that experienced housewives swear by. Managing one's time effectively will help. In fact, by effectively managing her time, even the most harassed housewife could end up with a lot of free time on her hands before the day is over.

About the Author

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