

## [Should I Have A LASIK Laser Eye Surgery?](#)

There are many reasons why you might want to consider LASIK laser eye surgery. To start with, it is a known truth that putting on glasses and contacts every day is troublesome. It is a pain to wake up and require to employ something so as to see the world better, and it is also a hassle to have to depend on something so as to see the world around us.

Glasses and contacts can be costly, and it is often something that we misplace, lose track of, or simply forget to take with us. Wearing glasses and contacts also means that we are depending on something that can be broken or lost for our daily functioning. In addition, they cost money that some of us don't want to have to spend each year.

Besides all these reasons, it is often in our best concern to fix something that is wrong with us, such as our eyesight. Some people get headaches and have other problems because they can't see properly, so getting laser eye surgery is a very good idea because it will give them much more freedom in their lives. All in all, it is something that you should put a lot of thought into before you decide if it is for you.

### LASIK Laser Eye Surgery Could Save You Money In The Long Run

Another important reason why should consider laser eye surgery is that, while laser eye surgery might seem like it is something that is expensive, it is going to save you money in the long run. If you add up all the expenses for eye examination, contacts and glasses each year for the rest of your life, getting laser eye surgery is going to save you more money in the long run.

### Is It Right For Me?

The first thing, and the most imperative thing, that you need to think about when it comes to laser eye surgery is whether or not the surgery is right for you. First of all, you need to have an eye condition that is suitable for an operation. There are many such conditions, but you should visit your eye doctor to make sure that the conditions are met. Also, you have to make sure that your eyesight has stopped changing. Time and again, people try to get laser eye surgery before their eyesight stabilizes. After the surgery they can see clearly for several months, but it gets worse again, and they need glasses or contacts again in order to see well. If you are considering laser eye surgery, make sure that your eyesight has been stable for several years first.

There are both risks and benefits to having laser eye surgery. Every clinic will make sure that the patient understands what could happen if something were to go wrong during the surgery. Blurred vision can occur after the surgery or, if one accidentally scratches one's eye shortly after the operation, and there is no accompanying protective flap, the newly-formed fold over the cornea could move, resulting in problems.

### What Can I Expect During And After The Surgery?

Before the actual laser eye surgery takes place, a patient is given a numbing drop. As the person getting the surgery is still awake when receiving the laser treatment, he/she will be asked to stare at a light or object. Being able to fix one's eyes on a particular object is crucial to the success of this procedure for the reason that it allows the doctor to work without difficulty and it can avoid certain complications and discomfort later on.

During the operation, the patient will be exposed to new sights (or lack thereof, as many people experience blurred vision during the whole process), smells, and sounds, mostly from the laser. After the laser is completed, a protective shield will be placed over the patient's eye so that he/she cannot scratch it. As the new flap that protects the cornea is not held in position by anything, it could become dislodged if the patient rubs it the wrong way. This can cause some major problems.

Within four weeks after the surgery, the patient will have to wear a protective shield to bed, allowing the cornea flap to fully heal itself with its new surroundings. Again, and this cannot be emphasized enough, scratching the eye after surgery will result in irreversible complication.

After the operation, for a period of 8 weeks long, a patient should not participate in swimming activities and sitting in a hot tub. He or she should not take part in contact sports or wear eye make-up too.

Laser eye surgery takes lots of patience and self-control, and one has to survive the mental block that a real laser is actually burning off part of one's eye. However, once the pros and cons are weighed, a person should be ready to go through with the surgery.

### About the Author

Cindy Heller is a professional writer. To learn more about

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